



January Assisted Living Activities at Sandstone Senior Living



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	1	2	3	4	5	6
	10:30 Share your Resolutions 2:00 BINGO	10:30 Chair Yoga 2:00 Arrange Flowers	10:30 Floor Hockey 1:15 Pastor Schutz 5:30 Christmas Light Drive	10:30 Trivia 2:00 BINGO	Happy Birthday Marlys!! 10:30 Coffee Chat 2:30 Happy Hour and LIVE Music with Alvin	10:00 BINGO with Bernie 2:00 Movie
7 	8 10:30 Chair Stretches 2:00 BINGO	9 10:30 Chair Exercise 2:00 Snow Globe Craft	10 10:30 Pedicures 1:15 Pastor Schutz	11 12:00 Ragtime Piano 2:00 BINGO	12 10:30 Talk about Loved Ones 2:30 Happy Hour and LIVE Music with Marlin	13 Happy Birthday Reed!! 10:00 BINGO with Bernie 2:00 Card Games
14	15 10:30 Group Crosswords 2:00 BINGO	16 10:30 Chair Strength Training 2:00 Cardinal Craft	17 10:30 Manicures 1:15 Pastor Schutz 2:00 Riddles	18 Happy Birthday Delmer! 10:30 Coffee Social 2:00 BINGO	19 10:30 Chair Yoga 2:30 Happy Hour and LIVE Music with Alvin	20 10:00 BINGO with Bernie 2:00 Movie
21	22 10:30 Share Success Stories 2:00 BINGO	23 10:30 Chair Exercise 2:00 Snowman Craft	24 10:30 Pedicures 1:15 Pastor Schutz	25 10:30 BINGO 2:00 Resident House Meeting	26 10:30 Devotions 2:30 Happy Hour	27 10:00 BINGO with Bernie 2:00 Board Game
28	29 10:30 Mini Puzzles 2:00 BINGO	30 10:30 Chair Exercises 2:30 Birthday Social Marlys- 1/5 Reed-1/13 Delmer- 1/18	31 10:30 Manicures 1:15 Pastor Schutz 2:00 Popsicle Mug Craft			